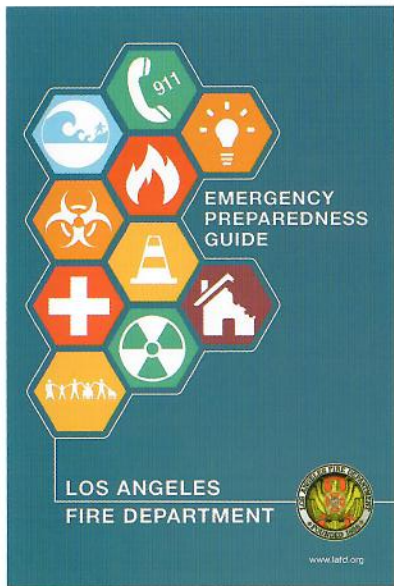




The Federal Emergency Management Agency (FEMA), using the model created in 1987 by the Los Angeles City Fire Department (LAFD), implemented a nationwide Community Emergency Response Team (CERT) program in 1993. Since then, CERTs have been established in hundreds of communities throughout the country, and the world.



**Download the  
LAFD Emergency Preparedness Guide:  
[cert-la.com/EmergPrepBooklet.pdf](http://cert-la.com/EmergPrepBooklet.pdf)**



All classes taught by a Los Angeles Firefighter



**Los Angeles Fire Department - CERT Unit**  
201 N. Figueroa St., Suite 1225  
Los Angeles, CA 90012  
Telephone: 213-202-3136  
Email: [lafdcert@lacity.org](mailto:lafdcert@lacity.org)  
[lafd.org/cert](http://lafd.org/cert)



**FEMA**



**Cal OES**  
GOVERNOR'S OFFICE  
OF EMERGENCY SERVICES

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities. For additional information, please contact the Los Angeles Fire Department, Community Emergency Response Team Unit, at 213-202-3136 (Voice), TTY users call 711 or use your preferred relay service, or email: [lafdcert@lacity.org](mailto:lafdcert@lacity.org).



# LOS ANGELES FIRE DEPARTMENT



## ARE YOU DISASTER READY?

- Earthquakes • Fires •
- Power Outage • Terrorism •
- Public Health Crisis •
- Adverse Weather •
- From Large Disasters to Your  
Everyday Small Emergency •

We invite you to attend this FREE All Hazards Training where you will learn some basic life-saving skills for the safety and protection of yourself, your family, and your neighborhood!



CERT training exercise/skills refresher

**[www.CERT-LA.com](http://www.CERT-LA.com)  
213-202-3136  
[lafdcert@lacity.org](mailto:lafdcert@lacity.org)**





# DO YOU KNOW WHAT TO DO IN AN EMERGENCY?

Just 17.5 hours of CERT Training...and you will!

## WHAT IS CERT?

CERT training promotes a partnership between professional emergency services and the people that they serve. The goal is for emergency personnel to train members of neighborhoods, community organizations, and workplaces in basic emergency response skills. Residents who are CERT Trained have proven to enhance the level of preparedness and safety within their community.

If a disastrous event overwhelms or delays the community's professional response capabilities, CERT members can assist themselves, their families and others, by applying the basic response and organizational skills that they learned during training. Following a disaster, these skills can help save and sustain lives until help arrives. CERT skills can be applied to all emergencies...large and small.

The class runs for 2½ hours, one day a week (morning, afternoon or evening) for seven weeks for a total of 17½ hours of training. All CERT Training is free and instructed by a Firefighter from the Los Angeles Fire Department.



Cribbing drill - safe removal of victim

## WHAT YOU WILL LEARN

### DISASTER PREPAREDNESS

Introduction to disasters, their impact, and the hazards posed by building and non-structural items. Emphasis on the role of CERT in many disaster scenarios.

### DISASTER FIRE SUPPRESSION

Identifying and reducing potential fire hazards, basic fire suppression strategy, fire fighting resources, and fire fighting techniques.

### DISASTER MEDICAL OPERATIONS

Treatment strategies for life threatening conditions and the principles of triage.

### PATIENT ASSESSMENT

Patient assessment and treatment for multiple types of injuries.

### LIGHT SEARCH AND RESCUE

Search and Rescue priorities and resources, techniques for size-up (determining if a building is safe to enter), search, lifting, cribbing (safely removing victims buried under debris), plus rescuer safety.

### DISASTER PSYCHOLOGY

Understanding the stresses of being a disaster service worker, how to cope with those stresses for yourself and others.

### TERRORISM

Understanding the terrorist, their weapons, and what you can do to make a difference.

*You can't predict...but you can prepare!*

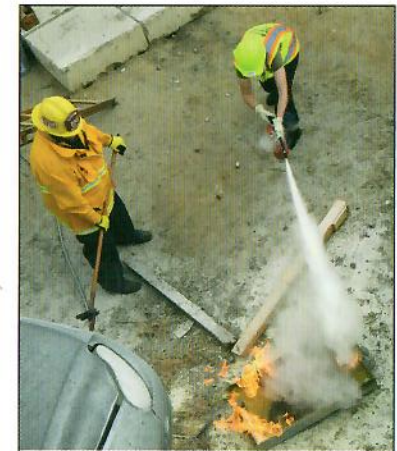


## JOIN A CLASS OR SCHEDULE YOUR OWN

For class schedules & locations, visit:  
[www.CERT-LA.com/eventbrite](http://www.CERT-LA.com/eventbrite)

If you would like to host a CERT class in your area, please contact us. Minimum class size is 25 attendees. Past participants for this program have included individual community members, local community groups, neighborhood councils, PTAs, faith-based groups, businesses, industry, and government agencies.

There are no prerequisites to attend the training and all adults, 18 and older, are invited to participate. Learn how to be *Prepared Today so you can Be Disaster Ready Tomorrow*. CERT classes taught in Spanish are also available!



Fire suppression drill

### Other Classes Offered

- Disaster Awareness Presentations
- All-Hazards Disaster Awareness
- Bullex Fire Extinguisher Training
- Live Fire Extinguisher Training