



Mar Vista Community Council



MAR VISTA COMMUNITY COUNCIL

Aging in Place Committee
Thursday, January 15th, 2015 at 6:00 PM
Windward School Room #800
11350 Palms Blvd, Los Angeles, CA 90066
Co-Chairs – Sherri Akers, Robin Doyno

Draft Minutes

Attendees - Sherri Akers, Tatjana Luethi, Robin Doyno, Lori Gilder, Elizabeth O’Toole, Karen Lefever, Lenore French, Sharon Commins, Birgitta Kastenbaum, Marlene Grossman

- Called to order – 6:06pm
- Introductions and public comments
 - Sherri now an MVCC board member
 - Sherri’s Dad, Ken Akers moved into Grand View Palms assisted living
- Motion to approve December minutes
 - Sharon questioned why Inglewood development discussed if it wasn’t on the agenda.
 - Minutes approved
 - Sharon: abstained
- Special guests – Marlene Grossman and Lauri Crane of [Move LA](#) to discuss Measure R2 and its possibilities including Grand Boulevards and the implications for aging in place (more info in [this editorial](#))

Marlene Grossman presented as Lauri Crane was out of town. After a brief review of the history of Move LA from 2007 launch and an overview of their mission, we had a very robust and engaged discussion about the concerns for public transportation as it relates to aging in place.

Discussion points -

- There is Light Rail and the subway. How do you use them from your house? “We need more from point A and point B”. Out of that evolved the Grand Blvd’s Concept, but there needs to be adequate funding for this. There is a sense of urgency about all of this. Eric Garcetti’s seat is expiring, so he’d like to move fast, based on the people saying “we want this”. Measure R is not enough, Move LA is pushing this.
- Aging in place is key in this conversation. In our discussion with Access, there is a need for house to house rather than just curb to curb. When federal government cuts budget, this is where it cuts first. Planning on having a town hall meeting. Here is our message “your agenda needs to be in here”, we need to help you to get in front of elected officials. The vice executive director from AARP considering to talking to ...
- Sherri mentioned her experience - 8 out of 9 caregivers didn’t have a car. If they can’t reach us we won’t have access to caregivers for aging population.

- On April 22nd, there will be the 7th conversation with 500 people. Bringing together the different groups we have been talking to. Elected officials will be there too. When they start writing the draft, they have enough input from all of us: here is what the count is telling you.
 - Imagine if there was affordable housing on Venice Blvd mixed in with commercial. Sharon, there is no such thing as free affordable housing, how will those funds be administered? Marlene, through the COGs (are council government, throughout the county, there are 5, very organized, are charged with responsibility what the initiative in 2016 is going to look like).
 - Sherri: we are selling my dad's home to subsidize his new living arrangements and care giving. If people want to stay in community, we need "desirable" mixed income housing. Sharon: we have all that in place – but the money is not there.
 - Marlene, question: if the parking was detached from the housing....unbundled parking... Sharon: developers exaggerate on that....unbundling parking will require commercial parking structures to accommodate commercial business > Supply parking structures
 - Birgitta: creating affordable housing brings problems along. Mixed housing, where seniors are housed on first level, second level for families, and third level for singles. We don't want to segregate, we want to mix and build community, unification. Sharon: those tools already exist. The question is, how much money can come out of this? The amount of money and where it goes. Sharon takes transit, to get a feel for how it works, took 1 ½ hr. and a half. Issues with maintenance, there are peddlers (trying to sell stuff), the fare capture – overhears free riders, not enough separation (?), parking at stations, dash line (short bus shuttle line). Marlene, yes, this is key. We know that.
 - Millennials say we don't want cars, we want public transportation.
 - Robin: The Sheriff's Department is discouraging seniors from riding the train by not fulfilling their contract for security on the trains. Numerous seniors have raised concerns for their safety on the train.
 - Sherri will introduce Marlene and Lauri to Co-Chairs of T&I committee
- Old Business –
 - a. January 18th – AIP committee member Terri Crystal will be a guest presenter at the MVCC Tent at the Mar Vista Farmers Market – topic is You and Your Fork in 2015 - <http://www.marvista.org/node/2962>
 - b. February 1st AIP committee will be guest presenter at MVCC Green Tent – Lori, Karen, Sherri will organize – discussion re blanket, towel, sheet collection for West LA Animal Shelter
 - Theme, making it a drive. Recycling and repurposing products from downsizing or closing up homes and donate to local animal shelters. Goal - get the word out about MVCC AIP. Lori will work out schedule. Tatjana & Sherri: 8.30am – 10.30am
 - c. March 10th AIP committee will host a 1 hour stakeholders presentation prior to MVCC Board meeting – planning discussion
 - Will have to reschedule as the auditorium if booked for the two hours prior to the BOD meeting
 - d. Update on collaboration with the MVCC Great Streets Ad Hoc Committee and potential liaison to attend Great Streets meetings.

- Sherri, Lenore and Sharon attended Great Streets Ad Hoc Committee meeting and the MV Chamber of Commerce meeting on Great Streets. Strong message to give input on what is needed for aging in place.
 - Take the survey online http://www.11thdistrict.com/great_streets_survey
 - Open house on Jan 25th – city departments will be there http://www.11thdistrict.com/great_streets_info_session
 - Paper copies of survey were distributed at the meeting
- Issues discussed -
 - Seating for seniors while parking or retrieving the car or just needing a break. Seating needs to be senior friendly with consideration for height and arm rests.
 - How do we serve our aging population when they are on foot?
 - Needs are similar for mothers with small children, grandparents with their grandchildren.
 - Access to public restroom and cleanliness – perhaps lock at certain hours.
- No update on BOD position on 97 unit mixed use development on Washington Blvd at Inglewood and consideration for aging in place. (Sharon is well informed but had to leave early).
 - Committee will advise re pending MVCC issues that committee members might want to provide AIP input on and encourage to attend other committee meetings as we have with Great Streets.
- e. Recap of January 8th Discussion Workshop Review (Tatjana)
 - Reviewed feedback (refer to document)
 - What to do next? Discussion regarding creating a picnic/ mixer for seniors from workshops to connect, make friends, support one another – self-empowerment
 - Could someone compile the data from the three workshops?
- f. Update on creating a logo (Tatjana) – no update, held over for next meeting
- g. Update on development of intergenerational program for seniors aging in place. (Christy, Birgitta) Responses from schools contacted through MVCC Education Committee about existing programs.
 - Sara Roos sent letters to 14 schools on 1/13 and we have received 5 responses
 - Some got the misimpression that we were trying to develop a senior volunteer program for clerical work etc.
 - No one has said yet there are programs in place. Currently looking for compatible schools, come up with concept and pilot it there.
 - Christi was unable to attend - Birgitta will connect with her prior to next meeting and discuss her continued involvement with her move to MDR
- h. Update on efforts to engage state elected officials re California Department of Public Health failure to effectively investigate nursing home complaints (state audit release found, with a total of 11,000 unresolved complaints in its system).

No update

- i. World Elder Abuse Awareness Day will be in June and the White House is also organizing a conference on aging. Discuss possible participation – tabled due to time

- White House Conference on Aging – Satellite locations, by invitation only – will network to see if we can get an invitation to the Phoenix satellite - <http://www.whitehouseconferenceonaging.gov/>

- New Business –

- a. Discussion re collaboration with MVCC Safety Committee on outreach for File of Life - <http://aging.lacity.org/program-services/file.cfm> - no update

- Public Comment

Birgitta attended Temple Isaiah gathering about Aging Positively, spoke to someone associated with Milken Institute: As seniors retire, they have so much more life to live, there is a lack of engagement and purpose. Seeking to contribute, maybe mentor the younger, and want to start a business. If they are showing up to our conversations, there is engagements: do you see yourself engage, contribute, what would that look like? Where they feel being of service.

Mixer for the seniors from workshops: Should we develop a Networking Mixer – maybe quarterly? Temple Isaiah is very focused on the aging, also Leo Baeck Temple – are there opportunities to collaborate?

Robin: Homeless count on Wed, Jan 28th, at 7pm. Need volunteers for 3 hrs. but gathering the data, to deliver services. Need an adult with a car, will have 4 people in car. One person is navigator, one drive, and one counter,

Place it on Facebook. Flyers were distributed to the committee and Sherri will post link on her Aging in Place in Mar Vista Facebook Page. <http://lahsa.nationbuilder.com/>

- Meeting adjourned 7:30

**in compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting, may be viewed at <http://www.marvista.org> or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, please contact secretary@marvista.org.*

***As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities. Sign language interpreters, assistive listening devices, or any auxiliary aids and/or services may be provided upon request. To ensure availability of services, please*

make your request at least 3 business days prior to the meeting you wish to attend by contacting chair@marvista.org.

Draft