



## ***What is WISE Connections?***

WISE Connections is a membership-based virtual community that supports aging in place for adults 50 and older in the greater Los Angeles area. The model is broadly based off of the “village” concept, which originated as a grassroots community effort in Boston’s Beacon Hill neighborhood and has been replicated around the country with 106 communities actively engaged in developing “village” associations.

A group of your neighbors has been gathering over the past year and a half to bring this growing initiative to the Mar Vista community. Together with WISE & Healthy Aging, these individuals have developed a membership-based program called “Mar Vista WISE Connections,” serving the community’s 50 and better population. It is a grassroots effort developed by your neighbors and is 100% member driven, providing what the community wants and needs.

## ***Who can participate?***

The membership is for those age 50 and better; however, all members of the community will be encouraged to participate as volunteers and partake in the Mar Vista WISE Connections neighborhood activities.

## ***What are the benefits?***

Mar Vista WISE Connections will serve as a one-stop shop to meet your needs. The goal is to help simplify your life, enable you to feel confident in the services you receive, keep you active and socially connected and to help you to age well. As a member, you will have access to a range of benefits and services, such as:

- **Transportation**
- **Grocery assistance**
- **Household services**
- **Health and wellness opportunities**
- **Social and cultural outings**
- **Vetted and discounted vendors**
- **Concierge service**
- **Volunteer opportunities**

## ***How can I participate?***

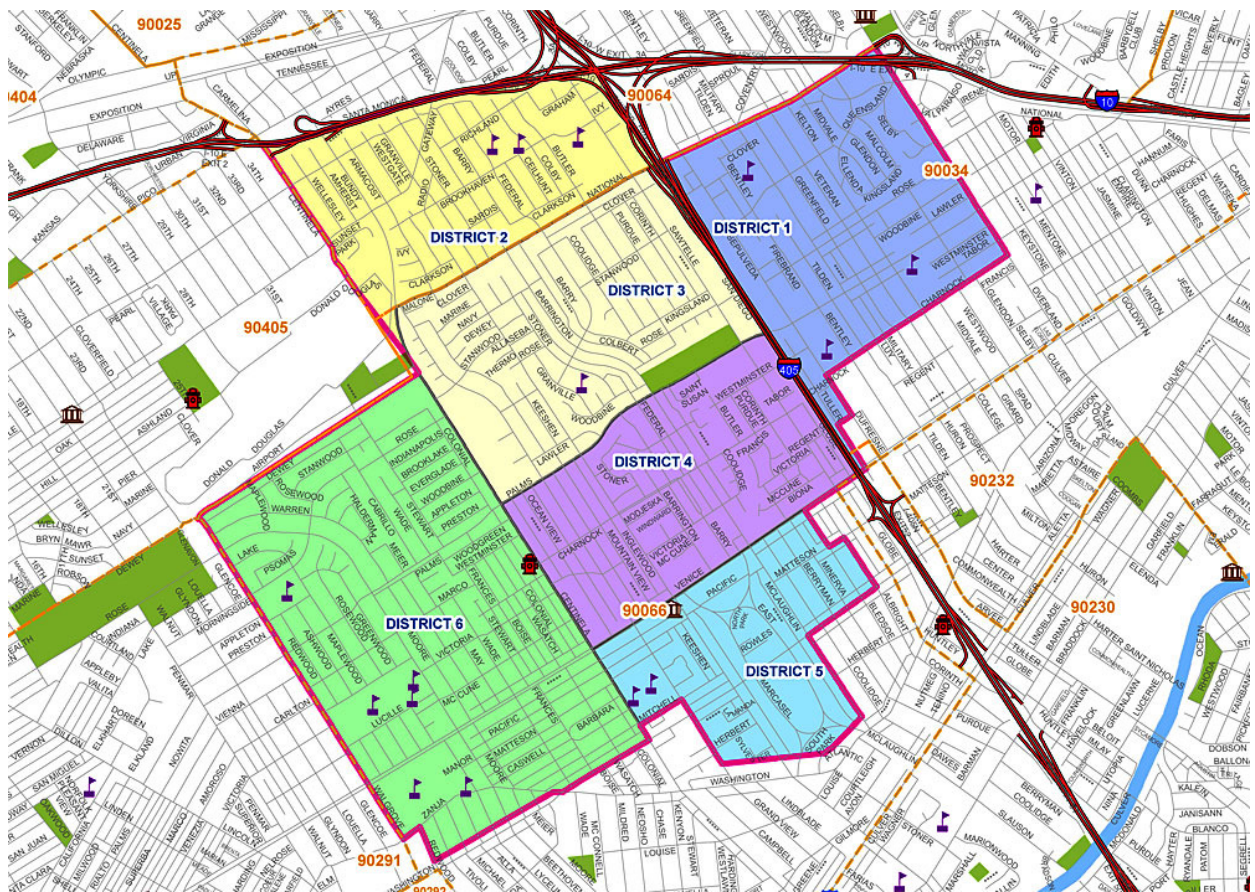
100% member driven, Mar Vista WISE Connections would like to understand what your wants and needs are. Please visit the following link to complete a survey that will help us to build out our programs to best serve you:

[\*\*www.wiseandhealthyaging.org\*\*](http://www.wiseandhealthyaging.org)

If you would like to be involved in the leadership of Mar Vista WISE Connections, you have the opportunity to join the Governing Council, a group of Mar Vista residents engaged in helping to shape this grassroots effort and bring the project to fruition.

If you are interested in learning more about Mar Vista WISE Connections, please contact Julia Kwei at (310) 394-9871 ext. 436 or [jkwei@wiseandhealthyaging.org](mailto:jkwei@wiseandhealthyaging.org)

*(continued)*



Mar Vista WISE Connections represents members age 50 and older who are residents within the geographic boundaries set by the Mar Vista Community Council

WISE Connections is a program of WISE & Healthy Aging, a multi-service, non-profit social services organization with more than 40 years of experience providing services to older adults, their caregivers, and professionals in the aging field throughout the County of Los Angeles. Services touch the lives of more than 50,000 people annually.

### WISE & Healthy Aging's Mission Statement

***WISE & Healthy Aging enhances the independence, dignity and quality of life of older adults through leadership, advocacy and innovative services.***

Currently, WISE & Healthy Aging offers the following programs and services:

- Adult Day Service Center
- Caregiver Services
- Nutrition Program
- Frail Elderly Services
- Elder Abuse Prevention
- Financial Services
- In-Home Services
- Long-Term Care Ombudsman Program
- Mental Health Services
- Peer Counseling
- Transportation & Mobility Program
- Volunteer Services



1527 4<sup>th</sup> Street • Santa Monica • CA 90401