





MAR VISTA COMMUNITY COUNCIL Aging in Place Committee Thursday, June 18th, 2015 at 6:00 PM Windward School Room #800 11350 Palms Blvd, Los Angeles, CA 90066 Co-Chairs – Sherri Akers, Robin Doyno

Agenda

- Call to order
- Introductions and public comments
- Motion to approve April and May minutes
- New business
  - i. **Special guest presentation by Birgitta Kastenbaum**: Choices and options, Advanced Health Care Directive, POLST.
  - ii. Discussion about developing an intergenerational program in Mar Vista in collaboration with Vintage Grand View Assisted Living. See model in Canada http://www.wltribune.com/community/305081521.html
    - The Los Angeles Unified School District has proposed elimination of its
      "Programs for Older Americans". That's why Councilmember Koretz spoke today at an LAUSD Board meeting and urged the board members to support the funding that is now under severe threat. "The senior population is skyrocketing; everyday, 1,000 people turn 65 years old in California alone. This is not the time to eliminate such invaluable programs. Also, these are not simply or solely recreational classes, as some wrongly believe. The instruction runs the gamut, and includes helping with diseases, fall prevention, memory training, support for caregivers and many, many more wellness programs. Elimination of them would be a devastating blow to the seniors of Los Angeles, where thousands have been wonderfully served every year thanks to this crucial LAUSD effort." The LAUSD budget process begins formally on Thursday, please feel free to share your thoughts on the issue with the Board members at <u>boe.lausd.net.</u>
  - iii. Discussion about meeting to explore collaboration with <u>http://seniortheatre.com/</u>
  - iv. Potential collaboration with State Controller Betty Yee following Senior Scam Alert Seminar she made seniors a core issue of her campaign. Nicole Jones, her Director of External Affairs, expressed an interest in collaborating with us. About Preserving Retirement Security: .Retirement security is becoming a major worry for Americans and Californians as the national and state economies slowly climb from the stock market meltdown and housing collapse defining the Great Recession that began in the latter half of 2007. First, more active management of asset allocation can help with better identifying and addressing risks before

huge investment losses occur. Second, we all must be vigilant in addressing the escalating costs of retiree health care and other cost pressures for retirees, such as housing. And third, in addition to lowering retiree costs, there must be focus on how to improve the earnings and labor market prospects for older workers preceding retirement. While these challenges to preserving retirement security appear daunting, they require immediate attention and all parties convening to address them successfully.

## • Old Business –

- Update on creating a logo review design selected by subcommittee and color options make a selection to take to MVCC BOD for approval.
- Update on motion from March meeting on SB 128 Death With Dignity
- Review of events UCLA Memory Training Class, Arthritis Foundation Exercise Program, Powerful Tools for Caregivers
- Overview of upcoming World Elder Abuse Awareness Day (WEAAD)
- Notice re any pending MVCC issues that committee members might want to provide AIP input on by attending other committee meetings as we have with Great Streets
- Update on collaboration with the MVCC Great Streets Ad Hoc
- Update on efforts to engage state elected officials re California Department of Public Health failure to effectively investigate nursing home complaints (<u>state audit</u> release found, with a total of 11,000 unresolved complaints in its system).
- Adjourn meeting

\*in compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting, may be viewed at <u>http://www.marvista.org</u> or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, please contact <u>secretary@marvista.org</u>.

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