



## Mar Vista Community Council



# AGING IN PLACE

Mar Vista Community Council

Thursday, December 17th, 2015

6:00 PM – 7:30 PM

**Windward School Room #800**

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

### Agenda

- **Call to order**
  - **Brief Introductions**
  - **Public comments**
  - **Motion to approve November minutes**
  - **New business –**
1. **Guest speaker** - Sheila Moore, Sr. Director of Comprehensive Older Adult Services Jewish Family Services – "How to make the most of your trip back home" - what to look for to determine if your parents/grandparents need additional help, how to start difficult discussions, how to use this trip home to gather info you might need in an emergency/health crisis
- **Old Business reviewed -**
    - a. Update on Board response to motion supporting Councilmember Mike Bonin to create a new ordinance addressing short term rentals ([Council File 14-1635-S2](#)) – motion passed by MVCC BOD and is now part of the council file.
    - b. Update on \$1,500 Neighborhood Purposes Grant for Westchester Playa Village – Susan Klein has scouted out potential venues for our upcoming outreach in Mar Vista. Lisa will be working on dates in February. We are also exploring other connections like the Senior Citizen Club that meets on Fridays at the Mar Vista Rec. Center.
    - c. **Future guest presentations**
      - a. **January** – Allison Bealle - on how to hire a caregiver, adult day care program and support organization
      - b. **February** - Lilly Ortiz of LA Metro will present on their [On the Move Riders Club](#).
      - c. **March** – Monica Moore of [UCLA Easton Center for Alzheimer's Disease Research](#)

- d. **April – [Affordable Living for the Aging](#)** roommates in Mar Vista to lead a discussion group, Q&A about their program (TBC)
- e. **Future speakers – suggestions**

- **Motion to adjourn meeting**

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*\*in compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting, may be viewed at <http://www.marvista.org> or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, please contact [secretary@marvista.org](mailto:secretary@marvista.org).*

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