

**NEIGHBORHOOD
TEAM PROGRAM
Los Angeles**

ntp-la.org

NEIGHBORS HELPING NEIGHBORS

Are you ready for an earthquake?

What about a wildfire?

A flood?

Are your neighbors prepared?

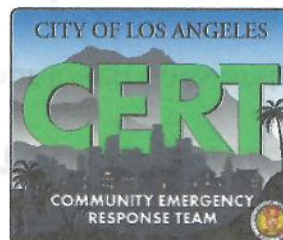
What do you do after the shaking stops?

**What you do in the first hour after an earthquake can save lives.
Maybe your own, maybe a loved one's, maybe a neighbor.**

Free disaster preparedness and response training.

Join or Start your Neighborhood Disaster Response Team Today

<https://join.ntp-la.org>



We will not share, give, or sell your information to anyone outside of Community Emergency Response Team (CERT) leadership.



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9 Easy Steps to Perform After a Moderate Earthquake*

- Step 1:** Take care of yourself and your loved ones first!
- Step 2:** Protect your head, hands, and feet.
Turn on FRS radio and begin monitoring pre-determined neighborhood emergency channel. Check-in when you can. Report on your safety and status.
- Step 3:** Inspect your home Natural Gas Valve and shut it off if you smell, hear, or see gas leaking.
- Step 4:** Shut off your home water main to protect the water in your water heater from contamination and reverse drainage.
- Step 5:** Post OK / HELP sign.
- Step 6:** Consider placing fire extinguisher on sidewalk in case a team or neighbor needs one to put out a small fire at your home while you aren't there.
- Step 7:** Head directly to and check-in at your closest Neighborhood Gathering Site.
If CERT trained, head directly to your CERT Staging Area.
Observe possible issues or HELP signs on the way in and report at check-in.
- Step 8:** Organize Response at CERT Staging Area or Neighborhood Gathering Site:
Send out Damage Assessment Teams (3 members) to investigate reported issues, HELP signs, and homes without signs or with known vulnerable residents.
Responders are always in teams of at least 3, no one goes anywhere alone!
Teams communicate back to Staging with radios.
Response Teams are formed as needed to deal with confirmed incidents.
- Step 9:** Meet back at Staging Area periodically to gather new resources and report response actions or to learn about new issues that have been reported.

Email: info@ntp-la.org

*(based on the [Map Your Neighborhood](#) program, created by Dr. LuAn Johnson, SPAN Disaster Services)