



Mar Vista Community Council



AGING IN PLACE

Mar Vista Community Council

Thursday June 15, 2017

6:00 PM – 7:30 PM

Windward School Room 1030

11350 Palms Blvd, Los Angeles, CA 90066

[See campus map for room location and parking here](#)

Co-Chairs – Sherri Akers, Tatjana Luethi, Birgitta Kastenbaum

Co-Founders – Sherri Akers, Tatjana Luethi

Agenda

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- **Call to order**
- **Brief Introductions**
- **Motion to approve May minutes**
- **Public comments and announcements**
 - **Nancy Paulikas is still missing** – visit here for ways to help <http://nancyismissing.blogspot.com/>
 - We are invited to a town hall style symposium conducted by the L.A. LGBT Aging Alliance for a dialogue to discuss various components in finding and filling the gaps in services for LGBT Older Adults. The meeting will be held at: USC Davis School of Gerontology, 3715 McClintock Ave, Los Angeles, CA 90089, June 20, 2017 in Room 224 5:30PM to 7:30PM . This is generously sponsored by the USC Family Caregiver Resource Center, directed by Dr. Donna Benton. Please email Peter Lancellotti at plancell@usc.edu if you will be attending.
- **Guest Speaker** – Kimiko Kelly, Community Education Manager at Alzheimer’s Greater Los Angeles – Making Home Safe for a Person with Alzheimer’s. This training provides information about what safety issues arise when there is a diagnosis of Alzheimer’s or a related dementia. The program will offer tips on products that are available, how to modify the home, and precautions that can be taken that can help keep our loved ones at home as safely as possible. Helpline - 844.HELP.ALZ or 844-435-7259; www.alzgl.org
- **Future guest presentations** –
 - **July** – Allison Beale – Powerful Tools for Caregivers

- **August** – Susi Rodriguez Shapiro will conduct a workshop on Emergency Preparedness for Seniors. She will walk us through the completion of the [File of Life](#) and how to create a [Go Kit](#).
- **September** - Paola Cervantes of [Voyages Preschool](#) – presentation on the GrandPals intergenerational activity program with Grandview Senior Living and discussion of ways to mentor and replicate this throughout the community
- **October - Maintaining Mobility and Independence in Persons with Dementia** - Carol Hahn is a Wellness and Fitness Nurse, and Community Educator at OPICA Adult Day Care Programs & Counseling Center. She will discuss the importance of safe mobility and fall risk reduction that supports the health and quality of life of a person with dementia.
- **November** - Brent Gaisford will present on multifamily and co-living development in Los Angeles. Let’s talk about innovative living spaces and how they will support our ability to age in place in our community. Brent is a partner in Upwell Real Estate Group (<http://upwellrealestate.com/>). They have broken ground on their first co-living property in Hollywood.

- **Public comments**

- **Adjourn Meeting**

** **PUBLIC INPUT AT NEIGHBORHOOD COUNCIL MEETINGS** – The public is requested to fill out a “Speaker Card” to address the Board on any agenda item before the Board takes an action on an item. Comments from the public on agenda items will be heard only when the respective item is being considered. Comments from the public on other matters not appearing on the agenda that are within the Board’s jurisdiction will be heard during the General Public Comment period. Please note that under the Brown Act, the Board is prevented from acting on a matter that you bring to its attention during the General Public Comment period; however, the issue raised by a member of the public may become the subject of a future Board meeting. Public comment is limited to 2 minutes per speaker, unless adjusted by the presiding officer of the Board.*

** **PUBLIC POSTING OF AGENDAS** - MVCC agendas are posted for public review at Mar Vista Recreation Center, 11430 Woodbine Street, Mar Vista, CA 90066. You can also receive our agendas via email by subscribing to L.A. City’s Early Notification System at <https://www.lacity.org/subscriptions>*

** **THE AMERICAN WITH DISABILITIES ACT** - As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities. Sign language interpreters, assistive listening devices and other auxiliary aids and/or services, may be provided upon request. To ensure availability of services, please make your request at least 3 business days (72 hours) prior to the meeting you wish to attend by contacting chair@marvista.org.*

** **PUBLIC ACCESS OF RECORDS** – In compliance with Government Code section 54957.5, non-exempt writings that are distributed to a majority or all of the board in advance of a meeting may be viewed at our website, <http://www.marvista.org>, or at the scheduled meeting. In addition, if you would like a copy of any record related to an item on the agenda, contact secretary@marvista.org.*

** **RECONSIDERATION AND GRIEVANCE PROCESS** - For information on MVCC’s process for board action reconsideration, stakeholder grievance policy, or any other procedural matters related to this Council, please consult the MVCC Bylaws. The Bylaws are available at our Board meetings and our website, <http://www.marvista.org>*