



Mar Vista Community Council



MAR VISTA COMMUNITY COUNCIL
Aging in Place Committee
Thursday, December 18th, 2014 at 6:00 PM
Windward School Room #800
11350 Palms Blvd, Los Angeles, CA 90066
Co-Chairs – Sherri Akers, Robin Doyno

Minutes

Attendees – Sherri Akers, Tatjana Luethi, Sharon Commins, Lori Gilder, Christy Leis, Cherina Febre, Terri Crystal, Robin Doyno, Abigail Benitez, Karen Lefever, Marilyn Zweifach, Dan Pitkow, Birgitta Kastenbaum, Laura Trejo, Sandy Ray, Mandi Carpenter, Allison Beale.

- I. Called to order 6:02
- II. Public comments - none
- III. November minutes unanimously approved
- IV. Announcement on BOD changes – Bill Duckett has resigned from the MVCC BOD as he will be moving out of the community. Sherri Akers and Robin Doyno are now Co-Chairs.
- V. Special guest – Ms. Laura Trejo, General Manager of Los Angeles Dept. of Aging. Discussion about collaboration on Milken Institute Pledge -- <http://www.milkeninstitute.org/publications/view/662>
 - LA also in process of becoming a [World Health Organization Age Friendly City](#). Potential opportunity to participate on task forces and advisory group
 - **Personal Emergency Response Program** - pilot program in the valley. A very high percent of 911 calls are for seniors who need help, but don't really need to be taken to the hospital. LAFD is not allowed to triage and assess. This is a subscription program where callers reach an assistance line that has complete background information on the caller and can talk through possible problems and solutions – recognizing that a caller might have missed taking their meds, or that they actually need a volunteer to come over and make sure they are getting their meals. It saves the city a fortune, since each 911 response visit costs the city at least \$1,000. It also allows LAFD to concentrate their resources appropriately. The program has been very successful and once they have compiled sufficient metrics, they hope to get the Mayors support to expand it. We would love to see it expand to Mar Vista.
 - File of Life - <http://aging.lacity.org/program-services/file.cfm> - allows first responders a more complete profile of the person in an emergency. It ensures that pets will not be overlooked and left to starve when a patient is taken to the hospital. It gives responders complete and up to date information on meds, doctors, pharmacy and emergency contact and is readily recognized. Laura has found it is most successful when completion is assisted. Potential collaboration with MVCC Safety Committee.
 - Laura: In 2015 in process for strategic planning for City of LA. Dynamic planning, mandated by federal law every 4 years, to develop budgets and programs, develop needs assessments to inform budget and program allocation.

- Discussion re traffic, transportation and driver's license for seniors; Online, channel 35, Aging in LA (http://www.lacityview.org/aging_la.htm). On the Move (<https://www.youtube.com/user/DOCKAISERTV/videos>) – using television to educate seniors; Using technology such as <http://www.healthvault.com/us/en>
- Follow up – continue to copy Laura on agenda and minutes; invite Laura as speaker at March 10th AIP Open House.

VI. Old Business -

- a. February 1st AIP committee will be guest presenter at MVCC Green Tent – Lori, Karen, Sherri will organize – see <http://marvista.org/node/2941> for list compiled of organizations to donate to. Will need to divide day between committee members.
- b. March 10th AIP committee will host a 1 hour stakeholders presentation prior to MVCC Board meeting – planning discussion
 - Laura Trejo has been invited as quest speaker
 - Committee members asked to recommend resources to table at event - <http://www.marvista.org/committees/aginginplace>
- c. Update on collaboration with the MVCC Great Streets Ad Hoc Committee and potential liaison to attend Great Streets meetings.
 - No update
 - Discussion re 97 unit mixed use development on Washington Blvd at Inglewood that will be on agenda at next BOD meeting. Review for consideration for aging in place.
- d. Review questions for baseline research to establish direction for the committee – plan workshop and MVCC Web Site survey – see Aging In Place: Workshop Questions addendum to agenda
 - Questions approved
 - Discussion re outreach for attendance
- e. Update on smoke detector giveaway by the fire department – no update
- f. Review collaborative workbook of committee plans and results (Tatjana) – tabled for time
- g. Update on collaboration with Neighborhood Watch programs and block captain programs to identify seniors and needs in their perspective neighborhoods. Response from Safety Committee or Pacific Division
 - Sherri will follow up to discuss File for Life with Rob Kadota as potential project
- h. Status on MVCC web site and access to our committee page
 - Fixed so we show up in dropdown

VII. New Business –

- a. Discussion about creating a logo, searching for a graphic artist in the community who might donate their services
 - Tatjana will work on creative for this

- b. Discussion re development of intergenerational program for seniors aging in place. (Tatjana, Christy)
 - Christy presented on bringing potential Intergenerational Programs to Mar Vista and reviewed models that already exist. Discussion about developing a Wisdom Circle program where school age kids interview seniors about their life. Introduce topic.
 - Decision to explore programs already in place – Sherri will contact Chairs of the MVCC Education committee to poll schools. Create an activity page on our web site to let seniors know about them.
 - Christy and Birgitta will take lead on exploring what exists and developing a pilot project.

- c. Discussion - California Department of Public Health has failed to effectively investigate nursing home complaints, a state audit released Thursday found, with a total of 11,000 unresolved complaints in its system.(see LA Times article in last month’s minutes) How can we influence action at the state level?
 - State Assembly members assigned to <http://altc.assembly.ca.gov/> - Aging and Long Term Care Committee were just announced. Potential contacts with AM Mike Gipson will be explored.
 - <http://asmdc.org/members/a47/> - Cheryl Brown - Democrat, Chair, District 47 (San Bernadino area)
 - <http://www.davidhadley.com/> - David Hadley, Vice Chair, District 66 (Palos Verde) New
 - <http://mikegipson.net/#/> - Mike Gipson, District 64 (Compton) New
 - <http://asmdc.org/members/a21/> - Adam Gray (District 21) Merced
 - <http://asmdc.org/members/a10/> - Marc Levin (District 10) Petaluma
 - <http://pattylopezforassembly.com/> - Patty Lopez (39th Pacoima) New
 - <http://devonmathis.com/> - Devon Mathis (26th Bishop) New

- d. World Elder Abuse Awareness Day will be in June and the White House is also organizing a conference on aging. Discuss possible participation – tabled due to time

- e. Terri has volunteered to be a guest presenter at the MVCC tent in January to do a presentation on nutrition tips for seniors.
 - Sherri will contact Bill Koontz to schedule

- VIII. Public Comment – none
- IX. Meeting adjourned 7:52

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