



RIDE LOS ANGELES
for a people-friendly West Los Angeles

Bike West LA Newsletter

A PROJECT OF THE LOS ANGELES COUNTY BICYCLE COALITION (LACBC)
LA-Bike.org

(We are the LACBC West LA Neighborhood Bike Ambassador Program and meet the 4th Thursday of the month 6-7:30pm
Community Room @ Collins/Katz Family YMCA located at
1466 S Westgate Ave, Los Angeles, CA 90025

October 2018 (BikeWestLA) is link for sharing

The purpose of this newsletter is to connect you to adventures and opportunities that promote safe cycling in and around the Westside of Los Angeles with a few out of area opportunities that are just too fun to not share with you.

Performance bicycles in Santa Monica goes pink for Breast Cancer Awareness Month Join them on Saturday Oct. 6th 8:10am as our GRS ride goes pink for Breast Cancer Awareness Month. We want to do what we can to help the American Cancer Society find a cure for this terrible disease. The ride is an easy 35 mile round trip at moderate speed and primarily flat terrain. All level riders are welcome on this ride. We will have food and drinks for all as we return to the shop. Don't forget to donate \$3 to receive a pink wristband and show your support. Performance Bike will match 100% of your \$3 donation. Call the shop for more details 310 451-9977

Culver City Art Walk and Roll Festival – Saturday, October 6th 12-6pm. LA CoMotion's first ever ReCharge. Bike over to Culver City to check out the art and experience a whole new world of electric mobility! An exciting e-wheel event in two parts: 1) **Charge Up:** Test out the latest electric scooters, e-bikes, e-boards on our test track. 2) **ReCharge:** Join the first ever electric group ride! www.culvercityartwalk.com/ride-electric

Finish the Ride Santa Clarita - Sunday October 7, 2018 – 12 mile fun ride/roll, 25 mile Tour de River, Santa Clarita Metric Century. www.finishtheride.org Finish the Ride was started in the spirit of courage and determination to overcome tragedy despite insurmountable odds. It is a movement, which has been heard around the world, to stop the epidemic of hit and run crimes and make the streets safer for all road users.

Metro Best Class: Bicycling 101@Santa Monica Coast Open Streets, Sunday, October 7, 2018 12-1pm Free <https://www.culvercityartwalk.com/ride-electric>

Santa Monica Coast Open Streets Sunday October 7, 10am – 4pm – Did you love or miss last week's CicLAvia. No worries! The City of Santa Monica presents COAST, its annual open streets event celebrating community, art and sustainability. More than two miles of city streets will be closed to cars and open for people to stroll, bike, and roll. <https://www.santamonica.com/event/coast/>

Sunday Funday – A Haunted Pedal, Sunday, October 7th @9:30am-1pm. LACBC is rolling into fall with a Haunted Pedal for October's Sunday Funday in collaboration with The Crafty Pedal. Meet us on Sunday, October 7th at The Crafty Pedal (755B Valencia St, Los Angeles, CA 90017), a six-minute (1 mile) ride from 7th and Metro center, or a four-minute (1/2 mile) ride from Westlake/MacArthur Park Metro station. <https://la-bike.org/event/sunday-funday-1018/>

Happy Hour: LA Cyclists Welcome CA Dream Riders - Tuesday, October 9, 6 PM - 8:30 PM

Where: Killer Shrimp, 4211 Admiralty Way, Marina del Rey 90292 All cyclists are invited to a HAPPY HOUR to welcome the 2018 California Dream Riders to L.A. as they proceed on their 5-day, 290-mile journey from Santa Barbara to San Diego. Complimentary Hors 'd oeuvres. No Host Bar. Free with RSVP.

[LAUSD's Walk to School Day](#) is Wednesday, October 10, 2018. [Here's a link to the organizer resources page.](#)



BEST CLASS: BIKE 2- RULES OF THE ROAD – CULVER CITY October 13 @ 10:00 am - 12:00 pm

Free Do you want to make bicycling part of your daily travel routine, but you're not sure where to start? The Bike 2 – Rules of the Road Class, presented by [Metro](#), the [Los Angeles County Bicycle Coalition \(LACBC\)](#), and [Bike Culver City](#) will help you learn how to bike on city streets safely. <https://bike2-culvercity.eventbrite.com>

AIDS/LifeCycle 2019 Kickoff Ride October 13 @ 7:00 am - 3:00 pm @ Lake Balboa Park - Kite Field 6300 Balboa Blvd Van Nuys, CA 91406. Join us as we RIDE with LOVE so that others can LIVE. **AIDS/LifeCycle** unites people of every age, sex, race and orientation in a common goal, to end AIDS. No matter who you are, what brings you here, nobody gets left behind and we welcome you with open arms. Official AIDS/LifeCycle Kickoff celebrations are free and fully supported with rest stops and lunch!

Los Angeles Tour de Cure - Sunday October 14, 2018 @ [Santa Fe Recreational Dam](#), 15501 Arrow Highway Los Angeles, CA 91706 United States The Tour de Cure is an event where no matter what road you take, you will be joining thousands of people from around the country who have the same passion as you to fight diabetes and its burdens.

BEST CLASS: BIKE 3 – STREET SKILLS – CULVER CITY October 27 @ 10:00 am - 12:30 pm Free The Bike 3 Street Skills Class, presented by [Metro Bicycle Education Safety Training \(BEST\)](#) program, the [Los Angeles County Bicycle Coalition \(LACBC\)](#), and [Bike Culver City](#) is a free 2.5-hour class for adults and teens to practice safe riding with a group of beginning cyclists. You'll learn cycling etiquette, practice riding in a real-world setting, and make pit stops at local establishments to get refreshments.

Cruising Whittier Blvd October 28th from 9am-4pm details are hard to come by but here's what we've found. <https://culturela.org/event/cruising-whittier-boulevard/>

Phil's Cookie Fondo – Oct. 27 & 28th Third Edition of the highly acclaimed Cookie Fondo now offering 2-Day Ride Experience with more fun and more cookies. In Phil Gaimon's years as a pro cyclist, every time he mentioned that he lived in Los Angeles, people would ask how he could train in a town known only for traffic and movie stars.

Mar Vista Bike and Safety Fair is Saturday November 4th from 10am to 2pm at Richland Ave School, 11562 Richland Ave. LA CA 90064. Kids bike skills course, bike checks, Free helmets from Lime, Jump and CHP, Walk 'N Rollers, CA Highway Patrol, LAPD, Community Emergency Response Team (CERT), LAFD and more!!

(Bike/Mobility Mar Vista) is relaunching our regular meetings. **4th Monday of the month.** Meetings will be at 7pm on the 4th Monday of every month at Windward School Boardroom 1030, Building C (by baseball diamond) 11350 Palms Blvd, Los Angeles, CA 90066 (SW corner of Palms and Sawtelle Blvds.) Los Angeles, CA 90066. **Next meetings are scheduled for August 27th, September 24th, October 22nd and November 26th,**

Some Serious Charity Rides to Consider:

2018

Los Angeles Tour de Cure	<u>Sunday October 14, 2018</u>	(\$200 fundraising min.)
Bike MS: Bay to Bay	<u>Oct 20-21</u>	(\$400 min.)
Tour de Summer Camps	<u>Sunday, October 28th</u>	(\$500 min. for 30 yrs or older)

- And here's a group to join for this ride that is offering incentives in your fundraising. [Team Laemmle Rides Tour de Summer Camps 2018](#)

2019

www.aidslifecycle.org

June 2-8, 2019

SFO to LA (545 miles)

[America's Most Beautiful Bike Ride](#)

June 2, 2019

Lake Tahoe, NV

Some Local Cycling Resources:

- LACBC – <https://la-bike.org/>
- LADOT – Bike Program (<http://bike.lacity.org>)
- <http://www.bikeculvercity.org/> .
- [Metro Bike Share stations In Venice](#)
 - <https://bikeshare.metro.net/venice/>
 - <https://bikeshare.metro.net/>
- Metro sponsored/supported rides and classes
 - <https://www.facebook.com/pg/bikemetro/events/>
- CicLAvia <http://www.ciclavia.org/>
- People for Bikes <http://www.peopleforbikes.org/>
- Streets Blog LA - <http://la.streetsblog.org/>
- Bicyclist - <https://bicyclist.xyz/> print and e-magazine focusing on SoCal
- [Women on Bikes Culver City](#) meets this month on Monday Sept. 10th and 24th from 8-10am.

Looking for a bike club to ride with? Here's a few to consider:

- <http://www.shiftinggearsycling.com/> - Aids Lifecycle Training Group – No Drop/Strict Safety Oriented
- <http://www.grandmasterscycling.org/> - Cycling for the ~~rest~~ Best of your Life
- <http://www.lagrange.org/> – Club for serious cyclist and bike racers
- <http://www.lawheelmen.org/overview-of-rides> – host weekly training rides to do a double century.
- [Major Motion Recreational Cycling](#) - Major Motion was formed in 1975 in Southwest Los Angeles. The name Major Motion was inspired by Marshall "Major" Taylor, a pioneer in American cycling.
- <http://www.dock52.com> - LA Dockriders – ride Sunday mornings 8:45/9am from Dock 52 in Marina Del Rey.

Bike shop sponsored rides:

- [Helen's Cycles Calendar of Rides](#)
 - [Women's Rides](#) 3rd Saturday of the month
 - [Women's Mountain Bike Ride](#) Aug. 26th
- [Performance Bicycle Santa Monica Store rides.](#)
- [Bianchi and Bike Attack - Saturday Morning Bike Ride](#) - Sept. 8th 8:30 am to 11:30am (regular Playa Vista shop rides are every Saturday from 8am to 11am)

Family Cycling News and Info.

[Slow Down: Back to School Means Sharing the Road](#)

- [Kids and the Law – California State Bar Assoc.](#)
- [A Survival Guide for Teenagers – CA State Bar Assoc](#)
- [Teen safety posters](#)
- [How to walk infographic](#)
- [Take action toolkit: How to fix an unsafe school zone in your community.](#)

Car share service for kids/parents? Here's one <https://www.hopskipdrive.com> or here's another option



[Culver City Safe Routes to School Program – Bike, walk, scoot, carpool... and more!](#) **Be part of the solution!** We encourage parents to take the [3 Block Challenge](#) by parking and walking 3 blocks to

school at least once a week. Parking just a few blocks away goes a long way towards reducing traffic and pollution around your school while adding some extra activity to your child's day. Soon 3 will be come 4 and 4 will become 5!

Featured Bike Shop/Bike Friendly Business or Bike Person you should know...

One of the oldest bike shops in Los Angeles (maybe the oldest) currently operates as [The Bike Shop California](#) in Palms, which, incidentally, is the [Birthplace of BMX](#). In about 1930, the Bobier Family moved its Culver City bike sales operation to Bobier's Bike Shop (3550 Motor Avenue) selling Schwinn's there in the 1950s. At some point, it began operating as Palms Cycle.

PALMS

BOBIER'S BIKE SHOP,
3770 Motor Ave.

SORENSON'S CYCLERY,
3470 Motor Ave.

Cap Rancier's family bought the operation in 1964, running it into 2018, when Andrew Smith – veteran bicycle retailer and founder of The Bike Shop Santa Monica – took over stewardship, renaming it “Bike Shop California” to match his other shop.

Smith put his 21-years of retail experience into remodeling the old property. He touts his experienced and knowledgeable team of technicians, and he offers a wide selection of electric bikes, cargo bikes, city bikes, mountain bikes, road bikes – pretty much every sort of bike you can think of.

Schwinn Bicycles
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\$77⁹⁵ OTHER MODELS AS LOW AS: \$32.95

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- * CHROME PLATED FENDERS
- * BUILT-IN CYCLOCK AND ONE YEAR'S GUARANTEE AGAINST LOSS
- * SCHWINN CANTILEVER FRAME
- * CHROME TRIM AND BRIGHT NEW COLORS
- * GUARANTEED AS-LONG-AS-YOU-OWN-IT!

The Schwinn STARLET
\$58⁹⁵ OTHER MODELS AS LOW AS: \$38.95

- * GORGEOUS NEW PASTEL COLORS
- * AMAZING NEW WHITE TOP SADDLE
- * BRIGHT WHITEWALL TIRES
- * WHITE GRIPS AND LAVISH CHROME TRIM
- * ROCKET-RAY HEADLAMP

WE SERVICE WHAT WE SELL!

AUTHORIZED DEALER

ALHAMBRA ALHAMBRA WHEEL & TYRE CO. 1215 N. 1 ST ST. ALHAMBRA, CALIF. 91801	ALHAMBRA ALHAMBRA WHEEL & TYRE CO. 1215 N. 1 ST ST. ALHAMBRA, CALIF. 91801	ALHAMBRA ALHAMBRA WHEEL & TYRE CO. 1215 N. 1 ST ST. ALHAMBRA, CALIF. 91801	ALHAMBRA ALHAMBRA WHEEL & TYRE CO. 1215 N. 1 ST ST. ALHAMBRA, CALIF. 91801
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Bike West LA would like to start having some purely social hangouts. If you have suggestions for a Handlebar Happy Hour destination following our monthly business meeting send your suggestions to harrisonhopkins@gmail.com.

Be Safe and See You on the Road or at Our Next Meeting!



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(West LA Bike Ambassadors meet the 4th Thursday of the month 6-7pm)

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1466 S Westgate Ave, Los Angeles, CA 90025

<http://marvista.org/bicycle-committee>